



2018-2019

# MAYFIELD ELEMENTARY SCHOOLS

## SCHOOL LUNCH MENU

August '18						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

September '18						
S	M	T	W	T	F	S
2	3	4*	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

October '18						
S	M	T	W	T	F	S
			1	2	3*	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23*	24	25
26	27	28	29	30	31	

November '18						
S	M	T	W	T	F	S
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26*	27	28	29	30	

December '18						
S	M	T	W	T	F	S
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

January '19						
S	M	T	W	T	F	S
6	7*	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

February '19						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19*	20	21	22	23
24	25	26	27	28		

March '19						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April '19						
S	M	T	W	T	F	S
	1*	2	3	4	5	6
7	8	9	10*	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May '19						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

# LUNCH MENU

**LUNCH INCLUDES FRUIT AND A VEGETABLE, WHOLE GRAIN RICH GRAINS AND LOW FAT OR FAT FREE MILK.**  
Please encourage your children to try the fruits and veggies offered. Each student must choose at least 1 fruit or vegetable with his/her lunch. All grains are whole grain rich and milk offered is fat free (flavored) or low fat (unflavored). Lunches are 30% or less total fat and 10% or less saturated fat.

Menu is subject to change, especially if calamity days are called. Typically if a calamity day is called, the menu on return will be the menu scheduled for the calamity day. Menu changes will be posted on our website at [www.mayfieldschools.org](http://www.mayfieldschools.org) and if possible, menu changes will be announced at school the afternoon prior to the change. Food Allergy & Sensitivity and Diabetic Student Information: A physician's statement is required for specific food substitutions in the case of life threatening allergies (this includes milk). It is the parent's responsibility to review the monthly menu and contact the director of Nutrition Services with questions regarding specific content of food items. We do not ban any food from the school setting and we are NOT a Peanut/Nut-Free school district. Carb counts and nutritional information for most menu items are available on our website at [www.mayfieldschools.org](http://www.mayfieldschools.org) under Food Service/Nutrition Dept.

**Food Service/Nutrition Department**  
1101 SOM Center Road MH, OH 44124  
(440) 995-7835  
Director: Robin Smeal, RD, LD  
[rsmeal@mayfieldschools.org](mailto:rsmeal@mayfieldschools.org)

### \*THEME DAYS

Master Pizza Days: Sept. 4, Oct. 23, Nov. 26, Jan. 7, Feb. 19, April 1  
Salad Bar: Oct. 3, April 10

WEEK 1  
WEEK 2  
WEEK 3  
WEEK 4

### MONDAY

- Chicken Patty Sandwich
- Potato Triangle
- Pineapple Tidbits
- Veggie Sticks & Ranch
- Milk

### TUESDAY

- Taco Beef with Tortilla Chips
- Shredded Lettuce & Cheese
- Fruit Cup
- Salsa
- Milk

### WEDNESDAY

- Chicken Poppers with Sauce
- Garden Salad
- Cherry Tomatoes
- Garlic Breadstick
- Peaches
- Milk

### THURSDAY

- Eggo Confetti Pancakes
- Sausage Patty (Pork)
- Pumpkin Dip
- Goldfish Grahams
- Applesauce
- Milk

### FRIDAY

- Bosco's Pepperoni Pizza Stick
- Veggie Sticks & Ranch
- Shape-Up Frozen Fruit
- Milk

### MONDAY

- Baked Chicken Tenders w/Sauce
- Garlic Breadstick
- Veggie Cup
- Hummus • Fruit Cup
- Chocolate Pudding
- Milk

### TUESDAY

- Mini Corn Dogs (Chicken)
- Goldfish Crackers
- California Medley
- Fruit Cup
- Milk

### WEDNESDAY

- Cheeseburger or Burger
- Veggie Cup
- Fruit Cup
- Rice Krispies Treat
- Milk • Ketchup

### THURSDAY

- French Toast Sticks w/Syrup
- Sausage Link (Pork)
- Potato Triangel
- Fruit Cup
- Assorted Juice
- Milk

### FRIDAY

- Breaded Mozzarella Stix w/Marinara Sauce
- Whole Grain Roll
- Garden Salad
- Fruit Cup
- Milk

### MONDAY

- Tyson Breaded Drumstick
- Baked Fries
- Veggie Cup
- Applesauce
- Cinnamon Teddy Grahams
- Milk

### TUESDAY

- Taco Beef with Tortilla Chips
- Shredded Lettuce & Cheese
- Fruit Cup
- Salsa • Milk

### WEDNESDAY

- Baked Chicken Tenders w/Sauce
- Veggie Cup
- Baked Beans
- Garlic Breadstick
- Mandarin Oranges
- Milk

### THURSDAY

- Mini Eggo Blueberry Pancakes
- Sausage Link (Pork)
- Potato Triangle
- Fruit Cup
- Milk

### FRIDAY

- Cheese Pizza Slice
- Garden Salad
- Cherry Tomatoes
- Peaches
- Milk

### MONDAY

- Chicken Nuggets
- Smiley Face Potatoes
- Fruit Cup
- Animal Crackers
- Milk

### TUESDAY

- All Beef Hot Dog
- Pretzel Rod
- Veggie Cup
- Fruit Cup
- Milk
- Ketchup

### WEDNESDAY

- Pasta w/Marinara Sauce
- Breaded Mozzarella Stix
- Garden Salad
- Fruit Cup
- Brownies • Milk

### THURSDAY

- French Toast Sticks w/Syrup
- Sausage Link (Pork)
- Potato Triangle
- Fruit Cup
- Assorted Juice
- Milk

### FRIDAY

- Round Cheese Pizza
- California Medley
- Fruit Cup
- Vanilla Pudding
- Milk

## LUNCH A LA CARTE SELECTIONS

FRESH SMALL SALAD .....	1.00-2.50
YOGURT, STRING CHEESE .....	0.50-0.75
WHOLE GRAIN RICH CHIPS/PRETZELS .....	0.50-0.75
CRACKERS/GRAHAMS .....	0.50
HALF PINT LOW FAT OR FAT FREE MILK .....	0.50
100% JUICE OR BOTTLED WATER .....	0.75

Snacks are low fat, low sugar, and provide valuable Nutrients like Vitamin C, Calcium, Iron, Protein, and Fiber! If you would like to place a Snack or a la carte restriction on your child's account, please call 440-995-7835.

## MEAL PRICING

ELEMENTARY LUNCH (INCLUDES MILK)....	2.75
REDUCED PRICE LUNCH.....	0.40

The cafeteria continues to offer the convenience and flexibility of our cashless POS system, a computerized cash register system. Depositing funds into a lunch account eliminates the need for a child to carry cash every day. Please utilize this system not only for your convenience but also to substantially speed up our lunch lines!! Use link on **Parent Portal of Infinite Campus** to add cash funds to student lunch accounts. Parents also can check meal account balances, sign up for low balance alerts, track food purchases and much more.

**Pay by Check:** Complete a payment form from the school office and include a check payable to Mayfield Food Service. Please put the child's first name and last name on the front of the check. Send the check into the school office or a food service cashier. Please do separate checks if students are located at different buildings.\*

**Cash:** Sending in cash with elementary age students is not recommended, but is accepted. We are not responsible for lost or stolen cash.

**Free and Reduced-price Meal Applications:** Families who meet certain federal income standards are eligible for free or reduced-price meal benefits. On-line applications can be submitted on the Parent Portal of Infinite Campus or pick up an application at any school office.